

Healthy Helensville

Our vision: The best possible health services for people in South Kaipara

Using Kaipara Medical Centre

Heading into the busy winter season the Kaipara Medical Centre is asking for the community to help its hard-working team so visits are as simple and efficient as possible.

Appointments with doctors can be made either with a receptionist or online at kaiparamedicalcentre.co.nz. The advantage of booking online is that you can see when the individual doctors are available.

For on-the-day appointments a Duty Doctor is available. Rather than coming in and sitting in the waiting room for lengthy periods, patients are encouraged to



call reception and ask to speak to a Triage Nurse. The nurse will call them back and make a time for them to come in and if necessary see the Duty Doctor.

The community is reminded that Kaipara Medical Centre is not an Accident and Emergency Centre.

The nearest A&E facilities are at Waitakere Hospital in Lincoln Road which is open 24 hours, 7 days a week and Westgate Medical Centre and Silverdale Medical which are both open 8am – 8pm, 7 days. And, of course, always dial 111 in case of an emergency.

Nurses Clinic

Another service offered at Kaipara Medical Centre is a special Nurses Clinic with our team of nurses using their specialist skills.

The nurses have a wide range of expertise, including travel vaccines and immunisations, asthma, diabetes, cervical smears, diabetes and post-natal care.

The clinics are held Tuesdays 8:30am – 5:00pm and alternate Wednesday evenings. The rostered nurse on each clinic will have different specialities so speak to the receptionist to find out how they can best accomodate you.