

Healthy Helensville

Our vision: To be the healthiest rural community in New Zealand

Survey coming your way

Now is your chance to have some input into the future direction of health services and facilities in Helensville. The Helensville District Health Trust is undertaking a project that includes a Health Needs Assessment for the South Kaipara. There is a survey that we are hoping you and all other community members will complete.

The project is run in collaboration with the Waitemata District Health Board and Procare and is being led Dr Carol Barker a Public Health Medicine Registrar.

Hard copies of the survey can be collected at Kaipara Medical Centre and Te Whare Oranga ō Parakai and at other locations listed on helensvillehealth.co.nz, where you will also find a link to complete the survey online.

For more information please email engagement@waitematadhb.govt.nz



Bea's sweet treats at last year's Christmas market.

Save the date

We're looking forward to our special Twilight South Kaipara Harvest & Artisan Market on Thursday 7 December. So, if you're looking to pocket a little extra cash before Christmas, now is the time to start planning a stall.

We'd also love to hear from any performers keen to provide some entertainment to keep our market goers in the festive spirit.

And if you're keen to support your local community and help build a thriving local market, perhaps you might like to join us as a volunteer. The market is held on the last Sunday of every month and we're always grateful for an extra pair of hands.

For more information contact Amy Wood, amywood@helensvillehealth. co.nz or 021 142 3029.